Carrabba's Lunch Menu with Prices and Calories 2026

Carrabba's Italian Grill · Updated November 2026 · greekislesrestaurant.com

Lunch Appetizers

Item	Price	Calories
Calamari	$9.99	700
Mussels In White Wine Lemon Butter	$10.99	450
Tomato Bruschetta	$7.49	320
Shrimp Scampi	$10.49	490
House Salad	$5.99	180
Caesar Salad	$6.49	240

Lunch Soups & Salads

Item	Price	Calories
Minestrone Soup	$5.49	180
Chicken And Pastina Soup	$5.99	200
Grilled Chicken Salad	$12.49	550
Mediterranean Salad	$11.99	430
Soup & Salad Combo	$7.49	210

Lunch Pasta Dishes

Item	Price	Calories
Spaghetti With Meatballs	$12.99	880
Fettuccine Alfredo	$11.49	900
Penne With Marinara	$9.99	680
Lasagne	$13.99	1050
Chicken Parmesan	$14.49	920
Eggplant Parmesan	$12.99	830
Shrimp And Asparagus Linguine	$15.49	720

Lunch Chicken & Seafood

Item	Price	Calories
Chicken Bryan	$14.99	700
Chicken Marsala	$14.49	690
Grilled Salmon	$16.49	600
Shrimp And Scallops	$16.99	620
Lunch Combo (choose two items)	$13.99	varies

Lunch Wood-Fired Pizzas

Item	Price	Calories
Margherita Pizza	$10.99	670
Pepperoni Pizza	$11.49	790
Quattro Formaggi	$12.49	820
Spicy Sausage Pizza	$11.99	880

Lunch Sandwich Combos

Item	Price	Calories
Caprese Sandwich Combo	$13.99	510
Bruschetta Chicken Sandwich Combo	$13.99	620
Chicken Parmesan Sandwich Combo	$13.99	580
Italian Sandwich Combo	$13.99	660
Meatball Sandwich Combo	$13.99	730
Steak Marsala Sandwich Combo	$13.99	620

Lunch Trio Specials

Item	Price	Calories
Meatballs & Ricotta Trio	$13.99	510
Mozzarella Marinara Trio	$13.99	510
Fettuccine Alfredo Trio	$13.99	510
Four-Cheese & Sausage Stuffed Mushrooms Trio	$13.99	510
Shrimp Scampi Trio	$13.99	510

Lunch Desserts

Item	Price	Calories
Tiramisu	$6.49	450
Chocolate Dream	$6.99	570
Lemon Sorbet	$4.49	210
Panna Cotta	$5.99	320
John Cole Dessert	$9.49	780

Lunch Sides & Add-Ons

Item	Price	Calories
Garlic Mashed Potatoes	$3.49	190
Roasted Vegetables	$3.99	140
Side Salad	$2.99	120
Bread And Olive Oil	$1.99	270

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.